

Nottingham City Gymnastics code of conduct

For Club Coaches, Officials and Volunteers

The essence of good ethical conduct and practise is summarised below. All Club Coaches, Officials and Volunteers must:-

- Consider the well-being and safety of participants before the development of performance
- Develop an appropriate working relationship with performers based on mutual trust and respect
- Hold the appropriate, valid qualifications and insurance cover
- Make sure all activities are appropriate to the age, ability and experience of those taking part and ensure all participants are suitably prepared physically and mentally when learning new skills
- Display consistently high standards of behaviour and appearance, dressing suitably and not using inappropriate language at any time whilst involved with club activities
- Never consume alcohol immediately before or during training or events
- Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the BG Child Protection policy 2004
- Never condone rule violations or use of prohibited substances
- Make sure that confidential information is not divulged unless with the express approval of the individual concerned
- Promote the positive aspects of the sport (e.g. fair play)
- Encourage performers to value their performances and not just results
- Follow all guidelines laid down by BG.

For Parents / Guardians

- Encourage your child to learn the rules and participate within them
- Discourage challenging / arguing with officials
- Help your child to recognise good performance, not just results
- Set a good example by recognising good sportsmanship and applauding the good performances of all
- Never force your child to take part in sport

- Always ensure your child is dressed appropriately for the activity and has plenty to drink with them
- Keep the club informed if your child is ill or unable to attend sessions
- Endeavour to establish good communications with the club, coaches and officials for the benefit of all
- Share any concerns or complaints about any aspect of the club through the approved channels
- Use correct and proper language at all times
- Never punish or belittle a child for poor performance or making mistakes
- Always collect your child promptly at the end of a session
- Support your child's involvement and help them to enjoy their sport
- Fees for training should be paid promptly

For Participants

As a member of Nottingham city gymnastics club you are expected to abide by the following club rules:

- All members must participate within the rules and respect coaches, judges and their decisions
- All members must respect opponents and fellow club members
- Members must wear suitable attire for training and events as agreed with the coach. Keep all long hair tied back and remove all body jewellery
- Members should treat all equipment with respect
- Members must inform the head coach of any injuries or illness they may have before the warm-up begins
- Members should not eat or chew gum during a session
- Members should remain with coaches at the end of a session until collected by their parent or guardian

The club has adopted the British Gymnastics policies for Child Protection, Health, Safety and Welfare, Equity and Code of Conduct and all officials, coaches, members and parents must adhere to these policies.